



Find Freddie the Foot

A Parent Council Activity adapted from the Parent Development Group,
Canford Heath First School, Poole, U.K.

"Walking to school not only increases children's fitness and learning ability, but will also cut down the congestion of traffic in and around the school which is becoming an ever increasing concern." --Parent Development Group, Canford Heath First School

Hi, I'm Freddie!!

I've lived in Poole, England, for most of my life but I just travelled across the Atlantic Ocean to Canada! The parent council at Canford Heath First School in Poole organized a community wide scavenger hunt. They taped up cut-outs of me on lamp posts, on houses and store windows and fences along routes students use to walk to school each day. They asked children and families to participate in the hunt for Freddie's friends while walking to school together for a week.



Organizing a "Find Freddie" event encourages physical fitness, community spirit, safety through awareness and cleaner air for all.



Ideas for implementing this activity at your school:

Parent volunteers write and distribute a letter explaining how the scavenger hunt will work. Volunteers make copies of Freddie and locate Freddie cut-outs in different places along routes to school each morning (e.g. store/house windows) for the duration of the hunt. Students record places where they see Freddie each day on the sheet provided. At the end of the week students hand in their Freddie sightings list to teachers who return them to parent volunteers. Your school can work with local businesses and partners to solicit donations from the community for student awards.



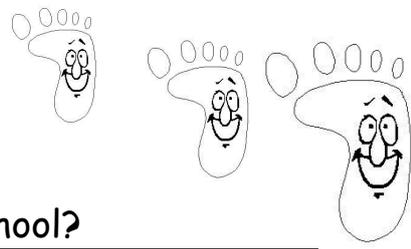
Here is a sample of text that could be included in a letter to parents:

Freddie the Foot is lost in your community and needs your help to be found. Freddie is magical—he can be in many places at once.

For one week could you please walk your children to school, rather than drive, taking care to look for Freddie? He could be hiding in store windows, house windows, lamp posts or anywhere on your route to school. How many can you find? BEWARE: Freddie likes to play tricks and may be hiding in different places on different days. Although you may live too far away to walk the whole route you can participate by parking at *insert name of local parking area* or *insert name of local parking area* and walking from there to *insert name of your school*.

Please write down where you spotted Freddie on the chart on the back of this letter and hand it in to your teacher on Monday. Thank you and good luck.

This resource was produced for the **iwalk/iwheel club**, an initiative of Green Communities | Active and Safe Routes to School



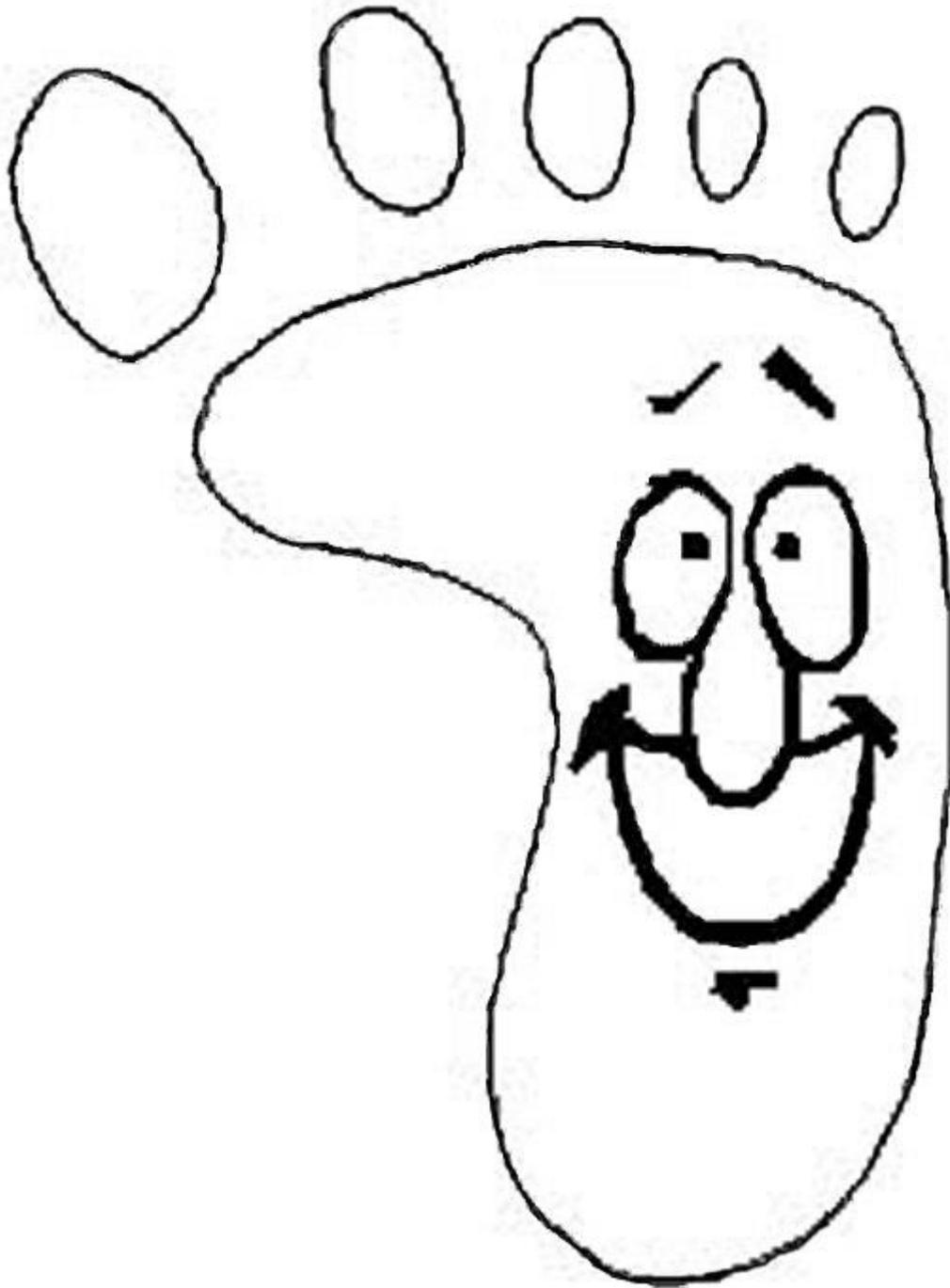
Find Freddie the Foot!

How many Freddie's can you find on your walk to school?

Day	Places Found
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
<p>Child's Name:</p> <p>Class:</p>	

This resource was produced for the **iwalk-iwheel club**, an initiative of Green Communities | Active and Safe Routes to School

Freddie the Foot



This is a sample copy of Freddie the Foot for you to use in your scavenger hunt.
See <http://saferoutestoschool.ca/iwalk-club> to download.